Society Dry Eye Workshop (DEWS) II and the Cornea, External Disease, and Refractive Society (CEDARS) describe a systematic approach that includes a detailed patient history, clinical assessments and diagnostic measures. This diagnostic process can be further complicated by an overlap in the etiology of dry eye that can be present in many cases. If only one of the underlying mechanisms of dry eye is addressed, patients may be unable to derive meaningful relief. A simple way to help relieve patient symptoms is to recommend an artificial tear designed for every major type of dry eye, such as SYSTANE Complete.

Dry eye management is focused on restoring tear film homeostasis. SYSTANE Complete contains HP-guar, a non-ionic polymer that becomes a gel upon instillation and is known to enhance the effect of the active demulcents. In a prospective, open-label trial, administration of an HP-guar containing lubricant four times daily for 3 weeks resulted in a significant reduction in tear osmolarity 15 minutes after instillation. In contrast, osmolarity changes induced by hypotonic tear substitutes are reversed in 1-2 minutes. SYSTANE Complete has a unique delivery system that helps provide better coverage versus SYSTANE Balance. SYSTANE Complete's patented formulation is comprised of nanosized droplets that have a greater surface area allowing for more lubricant particles per drop. This advanced lipid nanodroplet technology allows rapid delivery of the lubricant across the ocular surface resulting in better coverage to provide fast hydration and locking in moisture for long-lasting relief.

Additionally, SYSTANE Complete is designed to minimize blur upon instillation due to its nanodroplet formulation. Patients often try different products seeking the formulation that works best for them. My patients describe SYSTANE Complete as easy to use and providing them long-lasting relief, thereby satisfying their needs.

SYSTANE Complete simplifies the choice for patients and practitioners because it is designed to provide symptom relief for every major type of dry eye, supports all layers of the tear film and protects against evaporation – it’s one simple choice for optimal relief from dry eye symptoms.

*Compared to SYSTANE Balance Lubricant Eye Drops.*

References

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