Clinical OCT Imaging of Immune Cells in Living Human Eyes with Diabetic Retinopathy

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Disclosures

Maria V. Castanos: None

MY ROLE IN THIS RESEARCH:

- Acquisition of data
- Analysis and interpretation of data
- Creation and/or critical review of the presentation





Justin Migacz





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Richard Rosen Ju

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Retinal Macrophages

Images below obtained from animal models

Microglia



Vagaja et al. 2012

Blood derived Antigen presenting cells



Forrester et al. 2010



Lee et al. 2008

Immune cell activation in Diabetes



Activated State

Dormant State

Chen et al, Early spatiotemporal characterization of microglial activation in the retinas of rats with streptozotocin-induced diabetes, Retinal Disorders 2014

Clinical OCT Imaging of Macrophage-like cells

Healthy Controls, Vitreoretinal Interface, Temporal Retina

Clinical OCT



MV Castanos et al., Imaging of Macrophage-Like Cells in Living Human Retina using Clinical OCT, IOVS 2020.

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MV Castanos et al., Imaging of Macrophage-Like Cells in Living Human Retina using Clinical OCT, IOVS 2020. **Adaptive Optics - OCT**



Z Liu et al., Imaging and quantifying ganglion cells and other transparent neurons in the living human retina, PNAS 2017



Can <u>clinical OCT</u> be used to visualize macrophage-like cells in diabetic eyes?

Purpose

- Image macrophage like cells at the macula of diabetic eyes.
- Compare morphology and distribution of macrophage like cells in healthy vs diabetic eyes
- Evaluate immune cell activity as a biomarker of macular disease and treatment response.

10 controls, 10 diabetics with different stages of diabetic retinopathy were imaged using a clinical SD-OCT system (Avanti RTVue-XR; Optovue).

1. Optovue Avanti ~10-20 mins





Enface 3x3mm Macular Scan OCT-A Full Layer

Healthy Control, 26yo, F

10 controls, 10 diabetics with different stages of diabetic retinopathy were imaged using a clinical SD-OCT system (Avanti RTVue-XR; Optovue).





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Segmentation

Averaged enface 10 Scans

<u>Macular 3μm Slab</u> <u>-3μm to 0μm above the ILM</u>

Averaged *enface* OCT- R

3 μm above the ILM

<u>Control</u>







Averaged *enface* OCT- R

3 μm above the ILM

Control





Averaged enface OCT- R

 $3\,\mu m$ above the ILM

Control <u>PDR</u> 100 µm 100 µm

OCT-A and OCT-R overlay

<u>Control</u>





Macula OCT-R, 3 μm above the ILM

<u>Case 1</u>

Pre Treatment





Macula OCT-R, 3 μm above the ILM

Case 1

Pre Treatment





Macula OCT-R, 3 μm above the ILM

Case 1

Pre Treatment



Macula OCT-R, 3 μm above the ILM

Case 2

Pre Treatment



Macula OCT-R, 3 μm above the ILM

Case 2

Pre Treatment



Macula OCT-R, 3 μm above the ILM

Case 2

Pre Treatment



Results

- In controls, macrophages-like cells were not generally seen at the fovea. However, when present, the cells had a slender, star-like appearance and were sparsely distributed along the periphery of the macula.
- In diabetic eyes, in contrast, macrophages-like cells were consistently seen at increased densities at the macula and fovea. Cellular morphology varied from a spindle- or starlike configuration to amoeboid or round morphology and appeared bigger and brighter than in controls.
- Post injection images, showed changes in distribution and morphology of these cells.

Limitations

- Exact identity of these cells is still in question, currently based upon location and size, since we have no imaging markers.
- Limited sample size of population studied.
- 10 scan acquisition is clinically challenging for some patients.
- Accurate identification and characterization of these cells is not yet precise.



- Clinical OCT is capable of Imaging macrophage-like cells in eyes of patients with diabetic retinopathy.
- Visualizing these cells on macular OCT scans of diabetic patients could alert clinicians as an early sign of inflammation and impending retinal damage, making them useful early biomarkers of diabetic disease.
- Macrophage presence on the fovea of diabetic patients could prove useful for measuring response to treatment and ultimately serve as a guide for better management and prognosis
- Further clinical exploration will be needed to characterize their clinical significance and their relationship with extent and severity of retinal injury.
- Development of automated software and imaging protocols may have clinical value.

References

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